

LCPS Coaching Education Requirements

ALL coaches, as required by the VHSL (effective July 1, 2009) and LCPS, must complete the following in order to be a paid or full time approved volunteer coach:

1. **The ASEP Basic VHSL Course online (at coach's expense).** All coaches must show proof of satisfactory completion of the online course within one year of contract in order to be considered for hire the following year. To access go to:

http://www.asep.com/asep_content/org/VHSL.cfm

This course can be accessed through the VHSL website under Coaches' Education.

NOTE - There are two parts to this course – Coaching Principles and the VHSL Component – and each part has its own test at the end. Both parts are needed to fulfill the requirements.

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NFHS Fundamentals of Coaching (at coach's expense). The first aid portion does **not** satisfy the LCPS requirement through the school system or one of the athletic trainers. **All coaches must show proof of satisfactory completion of the course within one year of contract in order to be considered for hire the following year.** To access the course, go to:

<http://www.nfhslearn.com/StatePricingRegs.aspx>

Coaches who have previously completed one of the coaches education courses listed above must show proof of completion to the athletic director. Coaches who have successfully completed a course, other than the courses listed above, must submit proof of completion of that course to be evaluated by the VHSL. **(Only has to be completed once)**

2. **CPR/First Aid Certification** – provided by LCPS or the athletic trainers at the high schools. **(Every 2 years)**
3. **Local Loudoun County Rules and Regulations Seminar**- conducted by Loudoun County Public Schools Office of Athletics **(Only have to attend one time)**
4. **Child Abuse Recognition Course**—All non-faculty members are required to complete a child abuse recognition class and present the certificate to their athletic director. This course must be completed prior to beginning any activities with your athletic team. The course is through the Virginia Department of Education. You can access the course through the link below.
http://www.dss.virginia.gov/family/cps/mandated_reporters/cwse5691/story.html
(Only has to be completed once)
5. **Concussion Certification**—All coaches must show proof of satisfactory completion of the online course provided by NFHS, or another approved course. **This requirement must be renewed annually.** You can access two of these courses through the links below.
<http://www.nfhslearn.com/electiveDetail.aspx?courseID=15000>

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<http://www.cdc.gov/concussion/HeadsUp/Training/HeadsUpConcussion.html>

(Must be completed every year per our state guidelines)

6. **Sudden Cardiac Arrest Online Course**- A FREE COURSE conducted by the NFHS. All coaches must show proof of satisfactory completion of the online course provided by NFHS.
<https://nfhslearn.com/courses/61032/sudden-cardiac-arrest> **(Only has to be completed once)**
7. **Heat Illness Prevention**- A FREE COURSE conducted by the NFHS. All coaches must show proof of satisfactory completion of the online course provided by NFHS.
<https://nfhslearn.com/courses/34000/heat-illness-prevention> **(Only has to be completed once)**

